



**SUBJECT CONTROL PROFICIENCY TESTING RECORD**  
Curriculum Code CBT-037a

STUDENT NAME: \_\_\_\_\_

SCHOOL NAME: \_\_\_\_\_ SCHOOL NUMBER: \_\_\_\_\_

		Enter P or F Only	
SPO	ACTION	TEST #1	TEST #2
#1	<b>SUBJECT APPROACH AND CONTROL</b>		
	Body alignment		
	Positioning		
	Situational awareness		
	Escort/control holds		
	Pain compliance		
	Weapon transitions		
	#2		
Strike defense			
Upper body strikes			
Lower body strikes			
Combinations			
#3	<b>TAKEDOWNS</b>		
	From limb control		
	From a body lock/clinch position		
	Two officer takedowns		
	Stabilization/control for handcuffing		
#4	<b>HANDCUFFING</b>		
	Searches		
	Standing		
	Kneeling		
	Prone		
	De-cuffing		
		Enter P or F Only	
SPO	ACTION	TEST #1	TEST #2
#5	<b>GROUND DEFENSE</b>		
	Defend against takedowns		
	Ground defense position		
	Basic movements (i.e., stand-up, bridge to knees, hip escape)		
	Mount		
	Back mount		
	Side control		
	Guard		
#6	<b>ESCAPES FROM BODY LOCKS &amp; HOLD RELEASES</b>		
	Choke/strangle escapes		
	Body lock/clinch escapes		
	Head lock escapes		
#7	<b>WEAPON ENCOUNTER DEFENSES</b>		
	Shot avoidance		
	Edged weapon defense		
	Impact weapon defense		
#8	<b>ENVIRONMENTAL WEAPONS</b>		
	Ground defense		
	Weapon retention		
#9	<b>PRACTICAL APPLICATION SCENARIO</b>		
	Write a narrative based on that scenario		

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INSTRUCTOR SIGNATURE

OPOTC #: \_\_\_\_\_

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INSTRUCTOR SIGNATURE

OPOTC #: \_\_\_\_\_

COMMANDER/ADMINISTRATOR SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

NO STAMPS / ORIGINAL SIGNATURES ONLY